



## BEHAVIORAL HEALTH WEB RESOURCES

*The third in a series of three reference guides to helpful behavioral healthcare materials.*

### ADDICTION RESOURCES

#### RESOURCES...

##### Addiction Technology Transfer Centers

<http://www.nattc.org>

Founded by the Center for Substance Abuse Treatment, the ATTC Network (of 13 regional centers and a national office) transmits the latest knowledge, skills, and attitudes of professional addiction treatment practice. Includes link to regional offices, online courses, publications, and more.

##### Al-Anon/Alateen

<http://www.al-anon.alateen.org>

Al-Anon Family Groups (including Alateen) have been in existence for 50 years as a community resource providing support to those affected by someone else's drinking. Today there are more than 26,000 Al-Anon and Alateen groups meeting in 115 countries. The site includes 12 Step concepts, meeting information, professional resources, and literature.

##### Alcoholics Anonymous

<http://www.aa.org>

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The site includes information on finding AA meetings, a message to teenagers, information for those referring to AA, and more.

##### American Society of Addiction Medicine

<http://www.asam.org>

The medical specialty society dedicated to educating physicians and improving the treatment of individuals suffering from alcoholism and other addictions. Includes patient placement criteria, journals, certification information, and more.

##### Children of Alcoholics Foundation

<http://www.coaf.org>

A national non-profit organization (an affiliate of Phoenix House) that provides a range of educational materials and services to help professionals, children, and adults break the intergenerational cycle of parental substance abuse.

##### Join Together: Online

<http://www.jointogether.org>

Join Together supports community-based efforts to reduce, prevent, and treat substance abuse across the nation. It is primarily funded by a grant from The Robert Wood Johnson Foundation to the Boston University School of Public Health. The site includes the latest news, alerts, and funding headlines related to substance abuse and gun violence. Visitors can also sign up for email delivery of information through *JTO Direct*.

# ADDICTION RESOURCES

## Leadership to Keep Children Alcohol Free

<http://www.alcoholfreechildren.org>

A coalition of more than 30 Governors' spouses, Federal agencies, and public and private organizations focused on preventing the use of alcohol by children ages 9 to 15. The initiative was founded by NIAAA and The Robert Wood Johnson Foundation, and has been joined by additional Federal sponsors. The site includes statistics, research, prevention resources, and more.

## NAADAC: The Association of Addiction Professionals

<http://www.naadac.org>

A nationwide organization of alcoholism and drug abuse professionals, NAADAC is committed to increasing general awareness of alcoholism and drug abuse and enhancing care of individuals through treatment, education, and prevention programs.

## National Association for Children of Alcoholics

<http://www.nacoa.net>

NACoA advocates for all children and families affected by alcohol and other drug dependencies. The site offers links to publications, videos, and other educational materials.

## National Association of Addiction Treatment Providers

<http://www.naatp.org>

NAATP works to promote, assist, and enhance the delivery of ethical, effective, research-based treatment for alcoholism and other drug addictions.

## National Association of State Alcohol and Drug Abuse Directors

<http://www.nasadad.org>

NASADAD is a private, not-for-profit educational, scientific, and informational organization incorporated in 1971 to serve State Drug Agency Directors. In 1978 it expanded to include State Alcoholism Agency Directors. Its purpose is to foster and support the development of effective alcohol and other drug abuse prevention and treatment programs throughout every state.

## National Center on Addiction and Substance Abuse at Columbia University

<http://www.casacolumbia.org>

A think/action tank that engages all disciplines to study every form of substance abuse as it affects our society. Site includes links to studies, publications, and news.

## National Clearinghouse for Alcohol and Drug Information: See "Prevline"

## National Institute on Alcohol Abuse and Alcoholism (NIAAA)

<http://www.niaaa.nih.gov>

This federal agency supports and conducts biomedical and behavioral research on the causes, consequences, treatment, and prevention of alcoholism and alcohol-related problems. NIAAA also provides leadership in the national effort to reduce the severe and often fatal consequences of these problems. The site includes publications, data, and other resources for both professionals and the public.

## National Institute on Drug Abuse (NIDA)

<http://www.nida.nih.gov>

NIDA works to bring the power of science to bear on drug abuse and addiction. Both 1) research and 2) the dissemination and use of the results of that research are used to significantly improve drug abuse and addiction prevention, treatment, and policy. The site includes information for students and young adults, parents and teachers, and researchers and health professionals. "Companion" web sites also operated by NIDA include: <http://www.marijuana-info.org> presenting science-based information about the effects of marijuana use on the body and brain. <http://www.clubdrugs.org> focusing on club drugs <http://www.steroidabuse.org> focusing on steroid abuse

## Office of National Drug Control Policy

<http://www.whitehousedrugpolicy.gov>

ONDCP, a component of the Executive Office of the President, was established by the Anti-Drug Abuse Act of 1988. The principal purpose of ONDCP is to establish policies, priorities, and objectives for the Nation's drug control program. The goals of the program are to reduce illicit drug use, manufacturing, and trafficking, drug-related crime and violence, and drug-related health consequences. Statistics, publications, drug facts, and more are available at this site.

## ADDICTION RESOURCES

### Partnership for a Drug-Free America

<http://www.drugfreeamerica.org>

The Partnership for A Drug-Free America is a non-profit coalition of professionals from the communications industry, whose mission is to help teens reject substance abuse. Through its national anti-drug advertising campaign and other forms of media communication, The Partnership works to decrease demand for drugs and other substances by changing societal attitudes which support, tolerate, or condone drug use.

### Prevlene: Prevention Online (National Clearinghouse for Alcohol and Drug Information)

<http://www.health.org>

The National Clearinghouse for Alcohol and Drug Information is provided as a service of the federal Substance Abuse and Mental Health Services Administration. The site pulls together alcohol and drug facts, publications, databases, and more for both the public and professionals.

### Substance Abuse and Mental Health Services Administration (SAMHSA)

<http://www.samhsa.gov>

SAMHSA is the Federal agency charged with improving the quality and availability of prevention, treatment, and rehabilitative services in order to reduce illness, death, disability, and cost to society resulting from substance abuse and mental illnesses. The site includes information on grant and contract opportunities, financing and quality, policy issues, and publications. In addition, specific “companion sites” have been created to address particular aspects of substance abuse, such as: “Prevention Partners” web site:

<http://www.samhsa.gov/preventionpartners>. A “virtual meeting place” for groups to exchange ideas and join forces to combat alcohol and substance abuse.

Sponsored by SAMHSA’s Center for Substance Abuse Prevention.

### Treatment Locator (SAMHSA)

<http://findtreatment.samhsa.gov/facilitylocator.doc.htm>

Online resource for locating drug and alcohol treatment programs on a state-by-state basis.

## SITES FOR CHILDREN...

### For Kids Only (National Clearinghouse for Alcohol and Drug Information)

<http://www.health.org/features/kidsarea/kidsarea.htm>

Part of the federal National Clearinghouse for Alcohol and Drug Information. Includes “Cool Sites to Visit,” “How Can I Say No?,” “Be Smart, Don’t Start,” and more.

### Get It Straight (Drug Enforcement Administration)

<http://www.usdoj.gov/dea/pubs/straight/cover.htm>

“THE FACTS ABOUT DRUGS...” is a book written as a classroom assignment by young people about drugs and their decision to refuse them. The book can be helpful as a research tool for school assignments or as something fun to read or share with friends.

### Just4Kids (National Association for Children of Alcoholics)

<http://www.nacoa.net/kidspage.htm>

Part of the website of the National Association for Children of Alcoholics. It provides information on how alcohol and other drugs hurt everyone in a family; how children can learn to feel safer and less stressed out; how to find new ways to deal with hassles at home and find hope, even if your parents don’t change.

### National Youth Anti-Drug Campaign (Office of National Drug Control Policy)

<http://www.mediacampaign.org>

A multi-dimensional effort designed to educate and empower youth to reject illicit drugs. The campaign uses a variety of media to reach parents and youth, including TV ads, school-based educational materials, campaign Web sites, and parenting skills brochures.

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### **NIDA Goes to School**

<http://www.nida.nih.gov/GoestoSchool/NIDAg2s.html>

Science-based drug abuse education (for teachers and students) provided by the National Institute on Drug Abuse.

### **Soy Uniq! Soy Latina!** <http://www.soyunica.gov>

This bilingual site for Hispanic girls ages 9-14 and their mothers and caregivers is designed to help the girls build and enhance their own self-esteem, mental health, decision-making and assertiveness skills, and to prevent the harmful consequences of alcohol, tobacco, and illicit drugs.

### **Straight Scoop News Bureau (Office of National Drug Control Policy)**

<http://www.straightscoop.org>

A resource for middle- and high-school students who want to report the straight scoop about drugs and drug abuse for their school papers, radio stations, and television stations.

### **NOTE...**

Inclusion or exclusion of a web site does not indicate endorsement or disapproval by the American Hospital Association or the National Association of Psychiatric Health Systems.

Any web site for children should be reviewed by parents, guardians, and/or other responsible family members to judge appropriateness.